## A <sup>1</sup>H NMR Study of the Reaction of Gold(III) with **DL-Seleno-methionine in Aqueous Solution**

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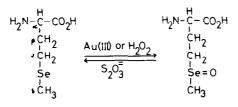
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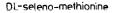
The major gold drugs which are available on the market for the treatment of rheumatoid arthritis are in the +1 oxidation state [1]. The gold(III) complexes are regarded as too toxic for medicinal use [2] because of their very high oxidising power. Gold(III) oxidises almost all sulphur containing amino acids in the biological system. For example, it oxidises thiol to disulphide [2], disulphide to sulphonic acid [3], and methionine to methionine sulphoxide [4, 5].

The oxidation of methionine and its derivatives with gold(III) has been studied using various techniques [4, 5]. We report here for the first time the reaction of gold(III) with DL-seleno-methionine (Se-Met) in aqueous solution by <sup>1</sup>H NMR spectroscopy.

Figure 1 shows the effect of successive additions of gold(III) to 20 mM Se-Met in D<sub>2</sub>O at pH\*1. pH\* is not corrected for its deuterium effects, but is measured before the addition of gold(III) since it has been found that gold(III) has a corrosive effect on the Ag/AgCl combination electrode [6]. [Se-Met and NaAuCl<sub>4</sub>·2H<sub>2</sub>O were obtained from K and K Labs, Plainview, New York and used without any purification].

When Au(III) is added to Se-Met, two effects are quite apparent as shown in Fig. 1, (a) the methyl resonance, shown by an arrow at 3.164 ppm and  $\gamma$ -CH<sub>2</sub> multiplets at 3.74 ppm, increases in intensity. These resonances are due to the formation of DL-methionine-selenoxide (Met-Selenoxide), (b) another methyl resonance shifts to low field as the amount of AuCl<sub>4</sub> increases. When the oxidation of Se-Met occurs it generates Au(I) which is in a fast





DL-methionine-selenoxide

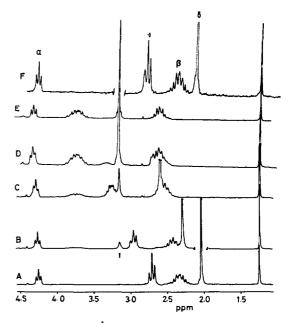


Fig. 1. 200 MHz <sup>1</sup>H NMR spectra of DL-seleno-methionine (20 mM) in the presence of (A) 0.0, (B) 0.1, (C) 0.2, (D) 0.4, (E) 0.5 molar equivalents of NaAuCl<sub>4</sub>·2H<sub>2</sub>O in aqueous solution. Spectrum F was recorded after the addition of two equivalents of  $S_2 O_3^{2-}$  to E reaction mixture. Chemical shifts were measured from tert-butanol (1.23 ppm downfield from 2,2-dimethyl-2-silapentane-5-sulphonate) as an internal reference.

exchange [4] with unoxidised Se-Met. The solution becomes colourless when Au(III) is added and some metallic gold can be observed on the side of the tube. The reaction is completed at a 2:1 ratio of Se-Met: Au(III). The experiment is done at low pH because Au(III) makes the solution more acidic [6] and therefore there is no control at neutral pH.

The exchange reaction of Se-Met with Au(I) will presumably be via Se. Goddard et al. [7] have determined the stability constants for selenourea and thiourea type molecules and they found that the order of affinity for a 'class b' metal like Hg(II) is Se > S  $\ge$  O.

When two equivalents of  $S_2O_3^2$  was added to a 2:1 ratio of Se-Met: Au(III) reaction mixture the methyl resonance from 3.164 ppm and  $\gamma$ -CH<sub>2</sub> multiplets were shifted toward the free position of Se-Met, [see spectra (A) and (F)].

Oxidation of Se-Met also occurs after the addition of H<sub>2</sub>O<sub>2</sub>. At a 1:1 ratio of Se-Met:H<sub>2</sub>O<sub>2</sub>, hydrogen peroxide oxidises Se-Met to Met-Selenoxide and after the addition of two equivalents of  $S_2O_3^{2-}$  it reduces Met-Selenoxide to Se-Met. Similar results are obtained with KAuBr<sub>4</sub>. The oxidation of Se-Met also results from the addition of m-chloroperbenzoic acid which is not very soluble in water but still oxidises some of Se-Met to Met-Selenoxide.

These observations shows that gold(III) halides not only oxidise methionine and its derivatives but also oxidise DL-selenomethionine in aqueous solutions.

The <sup>2</sup>J (<sup>77</sup>Se, <sup>1</sup>H for the CH<sub>3</sub> group is measured for Se-Met) is 10.1  $\pm$  0.1 Hz, which changes to 11.0  $\pm$ 0.1 Hz for Met-Selenoxide. Similar <sup>2</sup>J values were obtained for dimethyl selenide (<sup>2</sup>J = 10.5  $\pm$  0.1 Hz) which changes to 11.7  $\pm$  0.2 Hz for dimethyl selenoxide [8].

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